

Liposuction Consultation

GENERAL:

- Elective Surgery
- Realistic Expectations . Key to Success

PROBLEM:

- Shape is dictated by the location of fat cells
- Location of fat cells is influenced by heredity (familial traits) and gender (male vs. female)
- Size can be changed by weight reduction but shape stays relatively the same

PURPOSE OF LIPOSUCTION:

WHAT WILL USUALLY BE HELPED

- Disproportionate and Localized Accumulations of fat
- Body Contour irregularities if due to localized
- Accumulations of fat

WHAT WILL NOT BE HELPED

- General Obesity
- Excess or loose skin
- Body contour irregularities if due other structures

GOALS:

- Improve Body Contour
- Establish more normal proportions between areas of the body
- Improve Appearance both in and out of clothing

LIMITATIONS:

- Cannot provide skin elasticity . ability of skin to shrink over new contour is unknown . young patients usually have better elasticity than older patients . the more fat removed from an area the greater the difficulty
- All humans are asymmetric . symmetry may not result from this procedure
- Liposuction alters shape, but is not an answer to weight problem . weight is controlled by diet and exercise
- Appearance is more likely to be better in clothing than out of clothing if skin quality is poor
- Skin dimpling (cellulite) present before surgery will remain after surgery

HOW LONG WILL IT LAST?

- Subsequent alterations in body contour may occur as a result of aging, weight gain or loss and pregnancy.
- Once removed, fat cells do not reduplicate or reform, consequently, reducing the population of fat cells in a given area will produce a contour alteration that is expected to be permanent
- The amount of fat that is contained in the fat cells that are left behind is controlled by diet and exercise . body weight may remain the same if diet and exercise levels remain unchanged.

ALTERNATIVES

- Surgery vs. no surgery
- Diet . Usually affects size but has a minimal affect on shape
- Exercise . may affect size but has a minimal affect on shape
- Direct surgical removal with ~~open~~+surgical technique
- Traditional Liposuction vs. Ultrasonic Assisted Liposuction

SURGICAL TECHNIQUE / ANESTHESIA / FACILITY / RECOVERY

- Local Anesthesia & Sedation vs. Epidural vs. General Anesthesia
- Office OR vs. Outpatient Surgery Facility
- Incisions, cannula, Suction machine, Fat removal
- Dressings, Support Garments

TRADE – OFFS

TEMPORARY:

- Discoloration & Swelling
- Discomfort (pain and sensitivity)
- Numbness
- Lumps and Irregularities
- Restricted Activities 4-6 weeks

PERMANENT:

- Scars
- Waviness . Surface Irregularities / Depressions
- Pigmentation (Very rare)
- Asymmetry

RISKS AND COMPLICATIONS TRADITIONAL AND ULTRASONIC ASSISTED LIPOSUCTION

- Bleeding / Blood loss / transfusion
- Infection
- Fluid Collections
- Fluid Loss
- Skin Loss
- Pulmonary Embolus
- Contour Irregularities / Depressions

SPECIAL RISKS AND COMPLICATIONS FOR ULTRASONIC ASSISTED LIPOSUCTION

- Incisions and healing
- Burns
- Numbness
- Seroma formation

EVEN THOUGH THE RISKS AND COMPLICATIONS CITED ABOVE INFREQUENTLY, THEY ARE SPECIFIC TO LIPOSUCTION AND ARE OF GREATEST CONCERN. OTHER COMPLICATIONS AND RISKS CAN OCCUR BUT ARE EVEN MORE UNCOMMON. THEN THE RISKS OF SURGERY ARE COMPARABLE TO THE RISKS YOU TAKE EVERYDAY WHEN DRIVING OR RIDING IN AN AUTOMOBILE.

Any and all of these risks and complications can result in:

- Additional Surgery
- Time off Work
- Hospitalization
- Expense to you

INSURANCE DOES NOT COVER LIPOSUCTION; TREATMENT OF A COMPLICATION MAY OR MAY NOT BE COVERED BY INSURANCE. CHECK YOUR INDIVIDUAL POLICY.

On occasion, surgical revisions may be indicated following may be indicated following the original surgery. **If planned or performed within one year of the original surgery** and deemed necessary by Dr. Zwiren/Dr. Nakano for an optimal result, there will be no charge for the surgeon, but a reasonable facility fee will be charged for the use of the office operating room for supplies and anesthesia if needed.

No guarantee . The practice of medicine and surgery is not an exact science; although good results are expected there cannot be any guarantee, nor warranty, expressed or implies, by anyone as to the results that may obtained. We will do our best to determine your individual goals and to give you a reasonable idea if it is accomplishable.

If you are a smoker . you must stop smoking two (2) weeks before and continue not to smoke for two (2) weeks after surgery. Smokers are at much a greater risk for scarring, poor healing, skin loss and complications in general than non-smokers. ****Must be off all aspirin containing products for two (2) weeks before surgery-** please check all medications, some medication as Motrin, Advil, Garlic and Vitamin E may also affect clotting.

If there is any item on this consultation sheet that you do not understand, call the office at 770.495.1477. An explanation or additional information will be provided. We would be happy to meet with your husband, wife or other interested family members or friends if you would like to share this information with them and discuss your options for surgery together.

Date of Consultation: «Appointment_Date» Surgeon: «Doctor_FullName»

I have viewed the Confirm program for this procedure and have properly answered the questions asked. I have had the opportunity to ask questions and understand that all concerns and doubts should be addressed to my surgeon.

A copy of this consultation sheet was provided to me: _____

PATIENT'S SIGNATURE